

The Serial Walker

Walk The World

THE CHECK LIST

Clothing & Shoes

Legging
Winter hat
Gloves & Scarf
Wintbreaker
Rain Poncho
Light Scarf
Bandanas
Pyjamas
4 pairs of underwear
4 pairs of socks
1 pair ski socks
2 Troussers : 1 chino 1 jeans
Sweat pants (short or long)
1 white tee shirt
2 shirts short sleeves
1 shirt long sleeves
2 jumpers 1 warm 1 light
2 pairs of shorts
1 Bathing suit

1 shirt for activities
Cap for the sun

Shoes
1 pair of sneakers
1 of sandals
1 for hiking / Activities

Hygiene & Pharmacy

Ear Plugs
Toilet paper
Sunscreen
Palu treatment
Mosquito nest
Laundry soap
Survival blanket

First Aid Kit

Bandages & blister
Scissors
Oxygenated water
Disinfectant
Gaze
Sprain tape
Basics medicine (Consult)
Eye drops
Nivéa
Safety pins

Toiletry Kit
Bar soap
Shampoo
Deodorant
Condoms
Hand sanitizer
Ear Swap
Tooth Brush
Tooth Path
Flose
Washable wipes

Electronics

Chargers
Portable hard drive
Portable Battery
Laptop
Or Ipad
Smartphone
Another phone
Universal travel adapter
Camera
OSMO for Videos
GoPro
Headphones
Portable Printer

BackPack, Accessoires & Various Items

50 L backpack
Sleep sheet travel
Hammock
Padlocks
Lightweight bag 10 L
Plastic folders
Headlamp
Travel notebook & Pens
Hidden fanny pack
Glasses
Hidden fanny pack

Sun glasses
Cards
Sewing kit
Lighter
Maps
Corkscrew
Zip Bags
Coffee, sugar, tea, and salt
Straw Filter
Towel
Clothesline
Sac hermétique